

## Primary health care accessibility for rural Otago: “a spatial analysis”

A new approach

Nasser Bagheri, George Benwell & Alec Holt

Health Informatics Program  
Department of Information Science  
University of Otago



## Research

- Location and demographics of people who do not have appropriate access to primary health care
- Substitute different time scenarios (data)
- Substitute GP for services to aged care, fire-stations, emergency care, St Johns, care providers, location of De-fibs etc.



## Dimensions of access

- Availability,
  - Accessibility
  - Affordability,
  - Accommodation and
  - Acceptability
- 
- Accessibility (Geographical dimension,  
Temporal dimension)



3

## Our approach

- Modelling spatial accessibility according to:
- World health organisation “rules”,
  - NZ guidelines
  - A combination of physical access index with a needs index (a surrogate analysis for accessibility)



4

## WHO “rules”

- Universal access to PHC regardless of where people live and work
- 1000 people per general practitioner
- Focus on population with high a “health need”



5

## New Zealand “guidelines”

The New Zealand Ministry of Health -  
PHC services must be available for 95 %  
of population in New Zealand

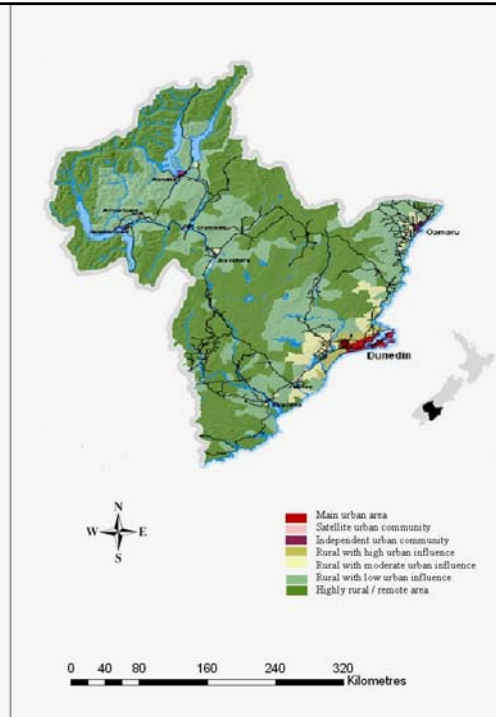
- business hours = within 30 minutes travel time and
- after hours = within 60 minutes travel time.



6

## Study area and Data

- NZ Census data(2001)
- Road network
- PHC locations
- Core recorded system (CRS) address
- Meshblock data (n=1200)
- NZ deprivation index



## Modelling travel time

Estimating travel time & constructing network data set based on:

- Road type, sinuosity, surface, topology, and number of lanes
- New Zealand speed limits
- One way restriction



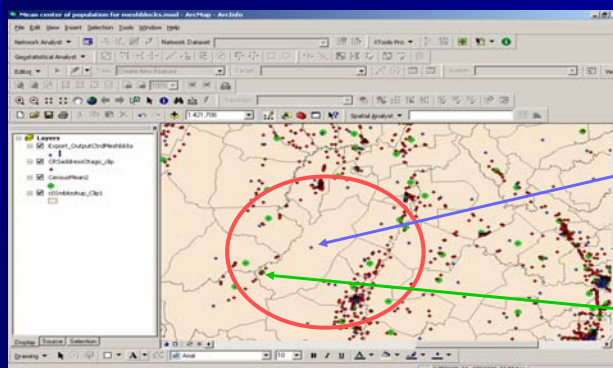
## Mean centre / Geometric centroid

- Population distribution is not uniform inside of every Meshblock, so simple geometric centroid is not a good average of population distribution
- Especially in rural areas with large Meshblocks



9

## Mean centres of Meshblocks



centroid

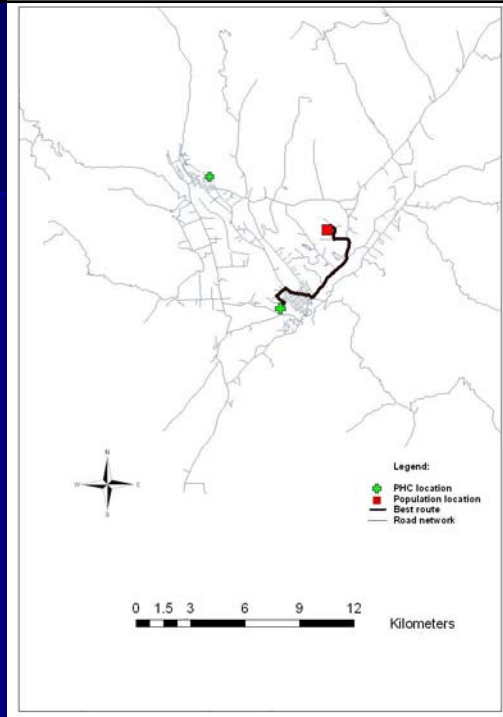
Mean centre



10

## Calculating best route (shortest travel time)

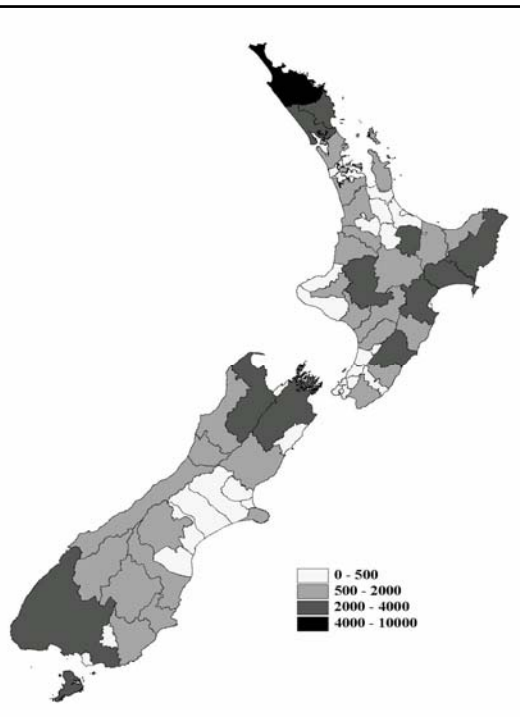
From original node (mean centre of population distribution) to destination points (PHC services)



## Related work

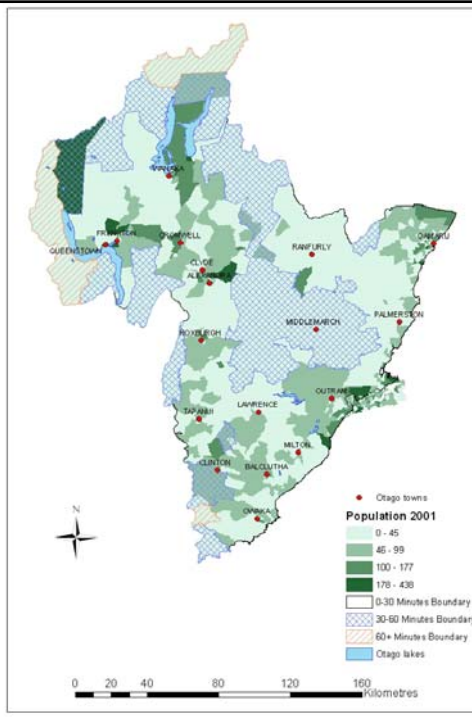
•New Zealand population (by territorial authority) more than 30 minutes from a GP (Brabyn & Barnett, 2004)

•Hall *et al.*



## Population - Meshblock level

4 divisions –  
changing this has  
a huge impact on  
results

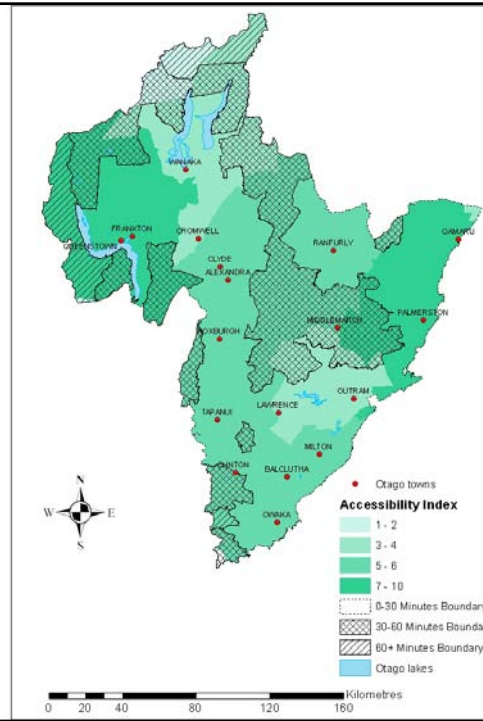


## Service (PHC) accessibility

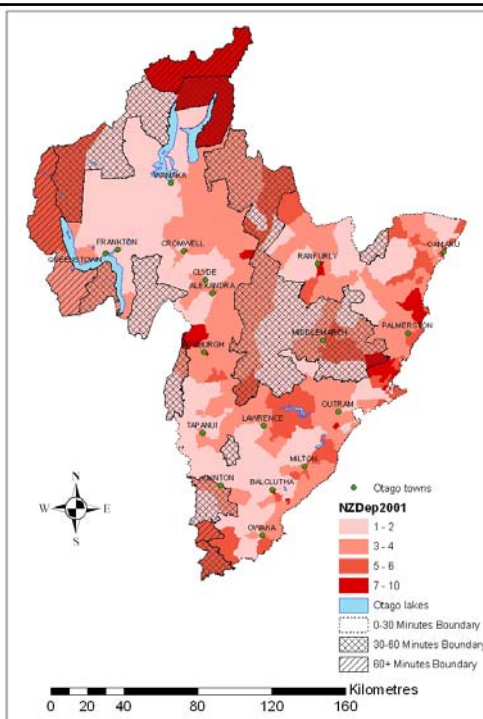
30 minutes  
60 minutes  
60+ minutes



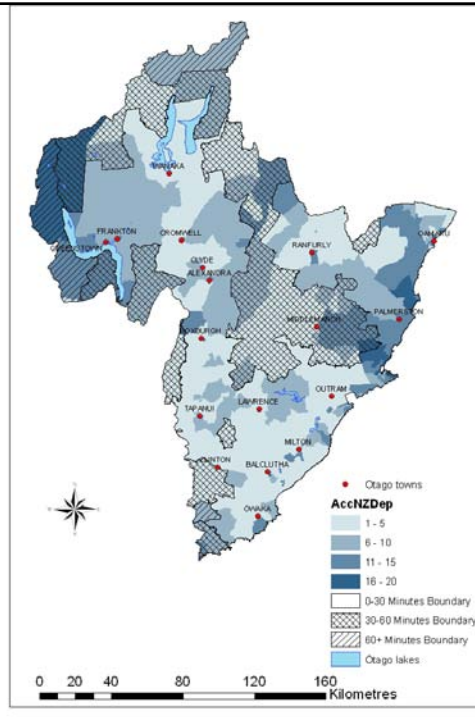
## Accessibility index and drive time limits



## Mapping of NZ deprivation index at Meshblock level



## Combining spatial accessibility and need indices



## Conclusions & future directions

- Some parts of study area (rural otago) do not meet WHO “rules” or New Zealand guidelines.
- In effect, we devised a new accessibility index, as a tool and methodology that is usable for exploring and understanding accessibility to PHC.
- Next - explore local variation of travel time, NZ deprivation index and use geographically weighted regression (GWR)
- Work with WSM on spatial issues, for example, home W.O.F.



